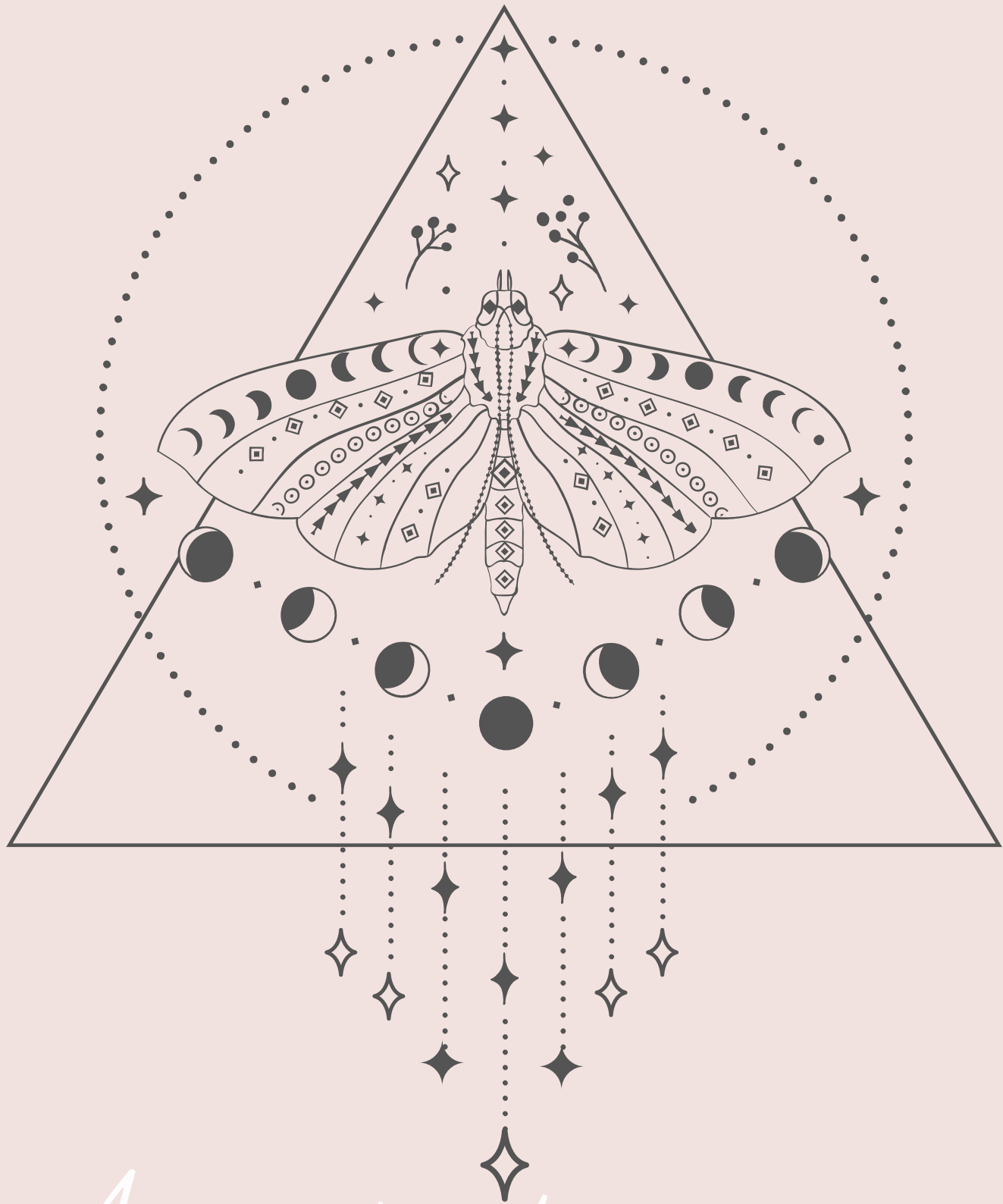




*I am worthy of
love, happiness, and
success*





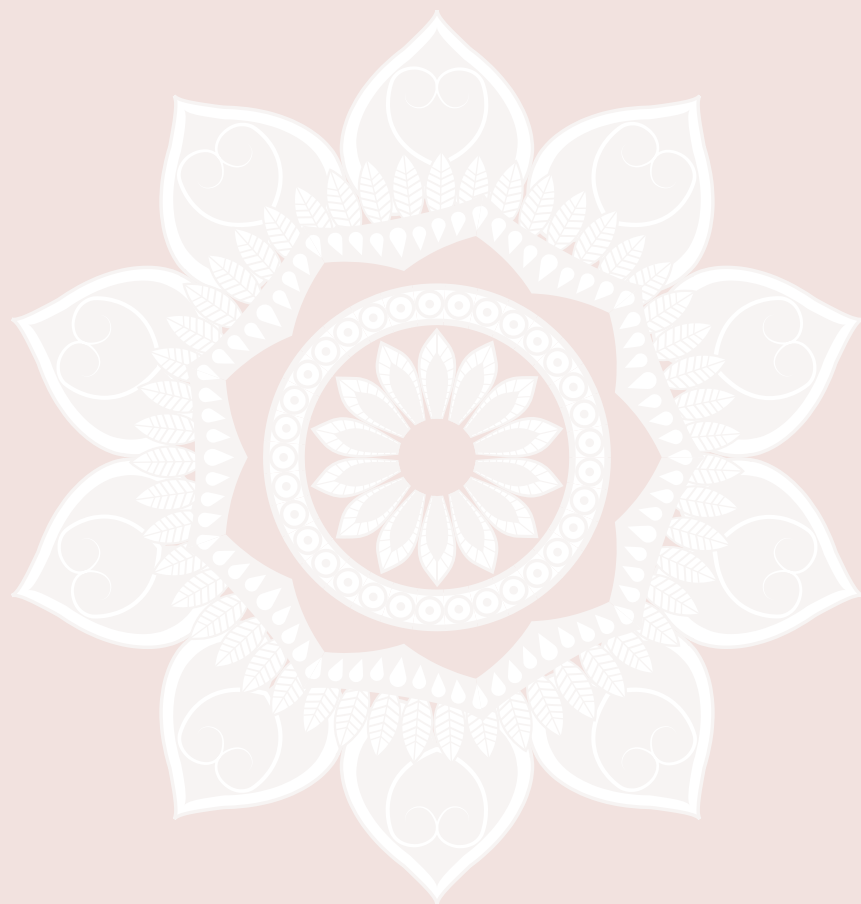
*I am open to receiving
spiritual guidance and
messages from the universe*
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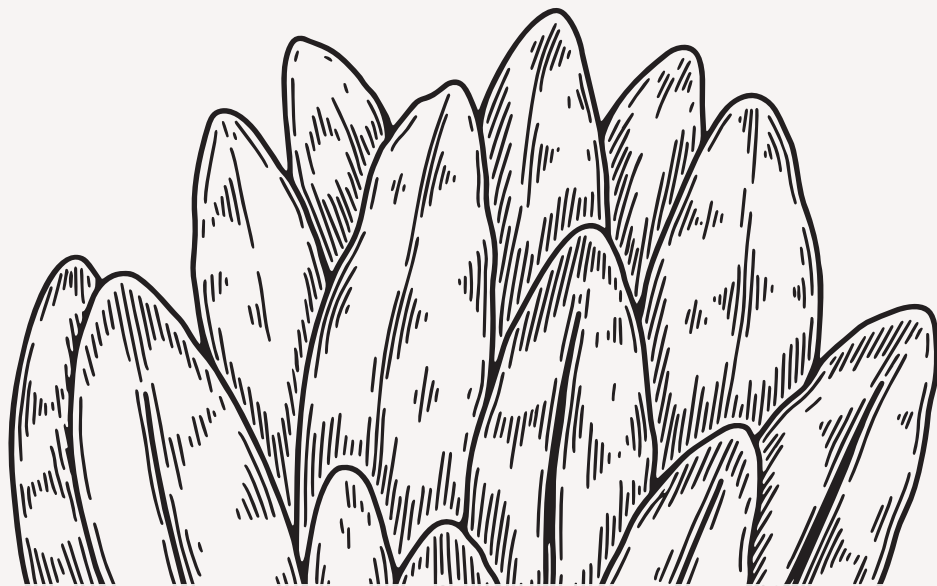
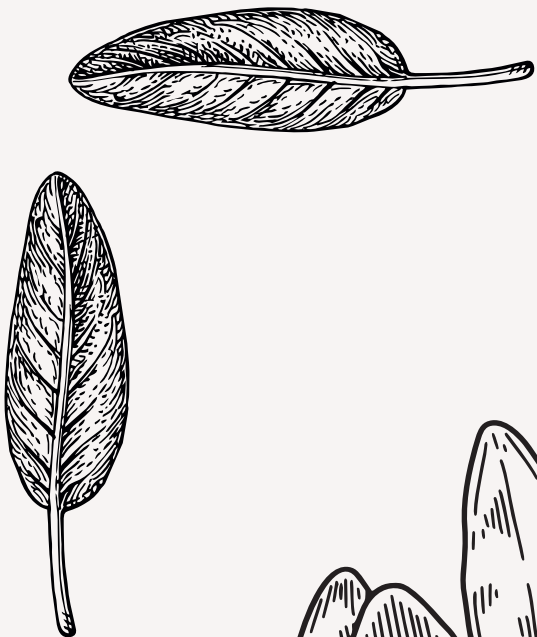


*I choose to focus
on the positive
aspects of my life*



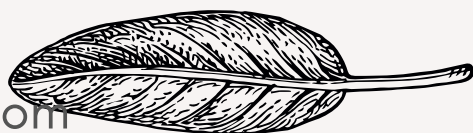
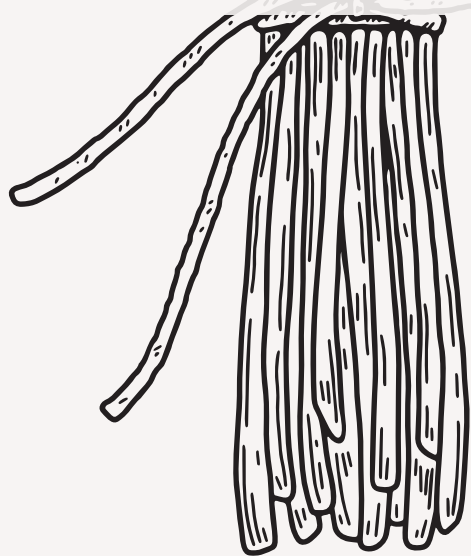
*I radiate confidence,
positivity, and inner
peace*






*I am open to new opportunities
and experiences that help me*

grow





I am in control of my
thoughts, emotions, and
actions



*I am deserving of
a fulfilling and
joyful life*



*I choose to prioritize my
mental and physical well-
being*

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*I am a magnet for
positive energy and good
vibes*

*I am at peace with my
past and embrace the
present moment*



*I am a unique
and valuable
individual with so
much to offer the
world*





*I am dedicated to my
personal growth and self-
improvement*





The moon's gentle
light guides me
through my
emotional journey

Remember YOU ARE:

loved

enough

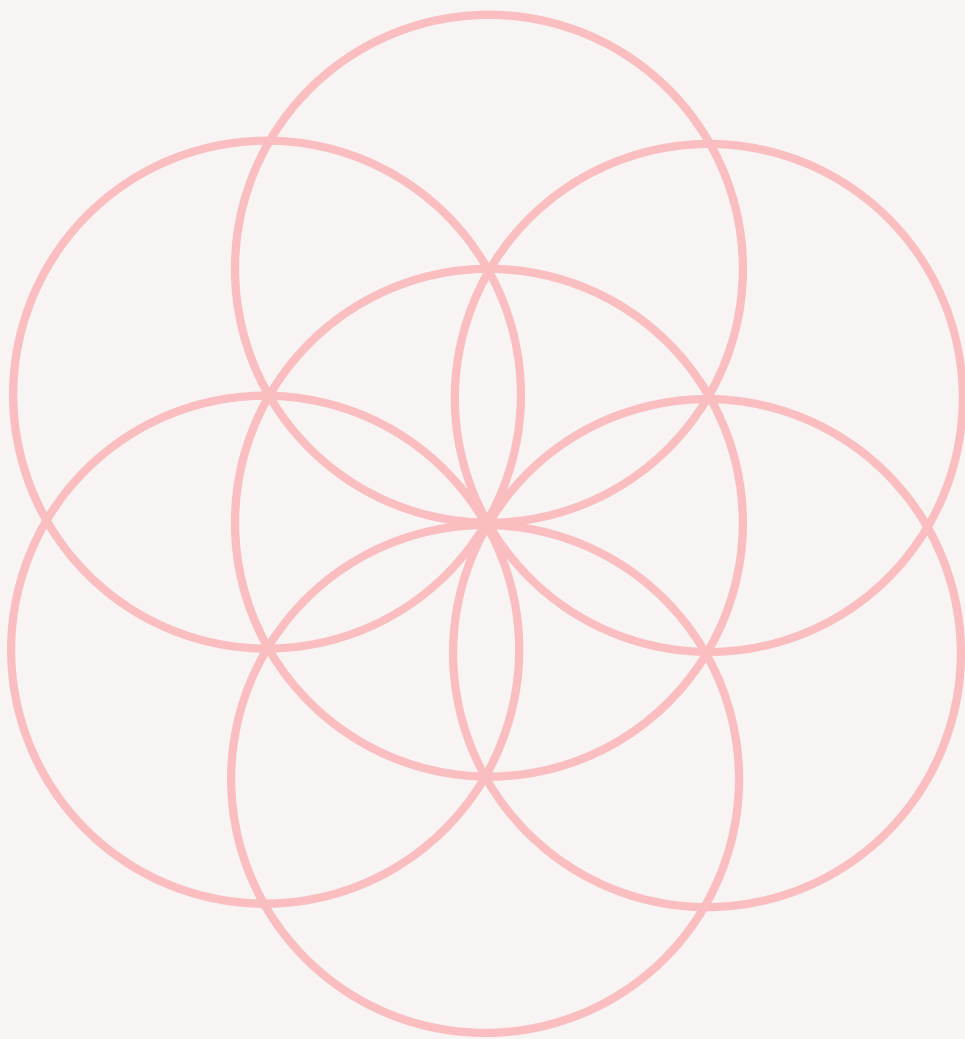
brave

strong

supported

perfect just the way you are

*I honor the cycles of
life and find beauty
in the ever-changing
seasons*



*I radiate positive
energy, and it
attracts positivity
back into my life*

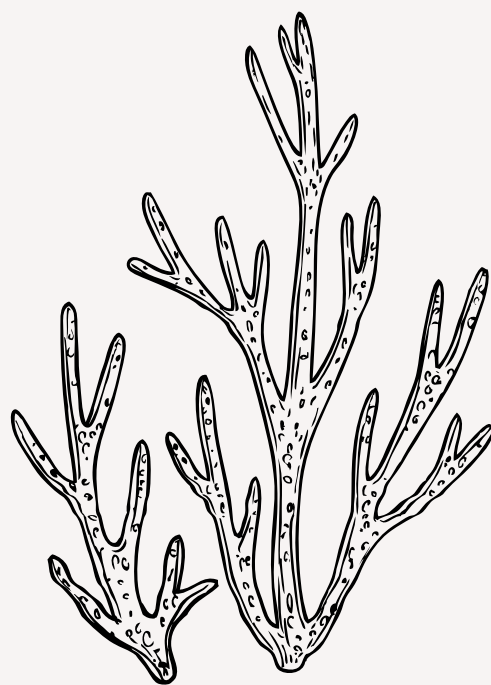


*The more love and kindness I
give, the more I receive, and
the more abundant my life
becomes*

**I am the
CEO
of my own
life**



*I am mindful of the energy I
bring into every space, and I
choose to make it uplifting
and kind*



*I embrace simplicity in my
daily life and find joy in the
little things*



to TAKE YOUR TIME

to LET GO

to SAY NO

to FEEL OK

It's OKAY

to CRY

to REST

to CHANGE YOUR MIND

to ASK FOR HELP

*I release the need for
self-criticism and
embrace self-acceptance*

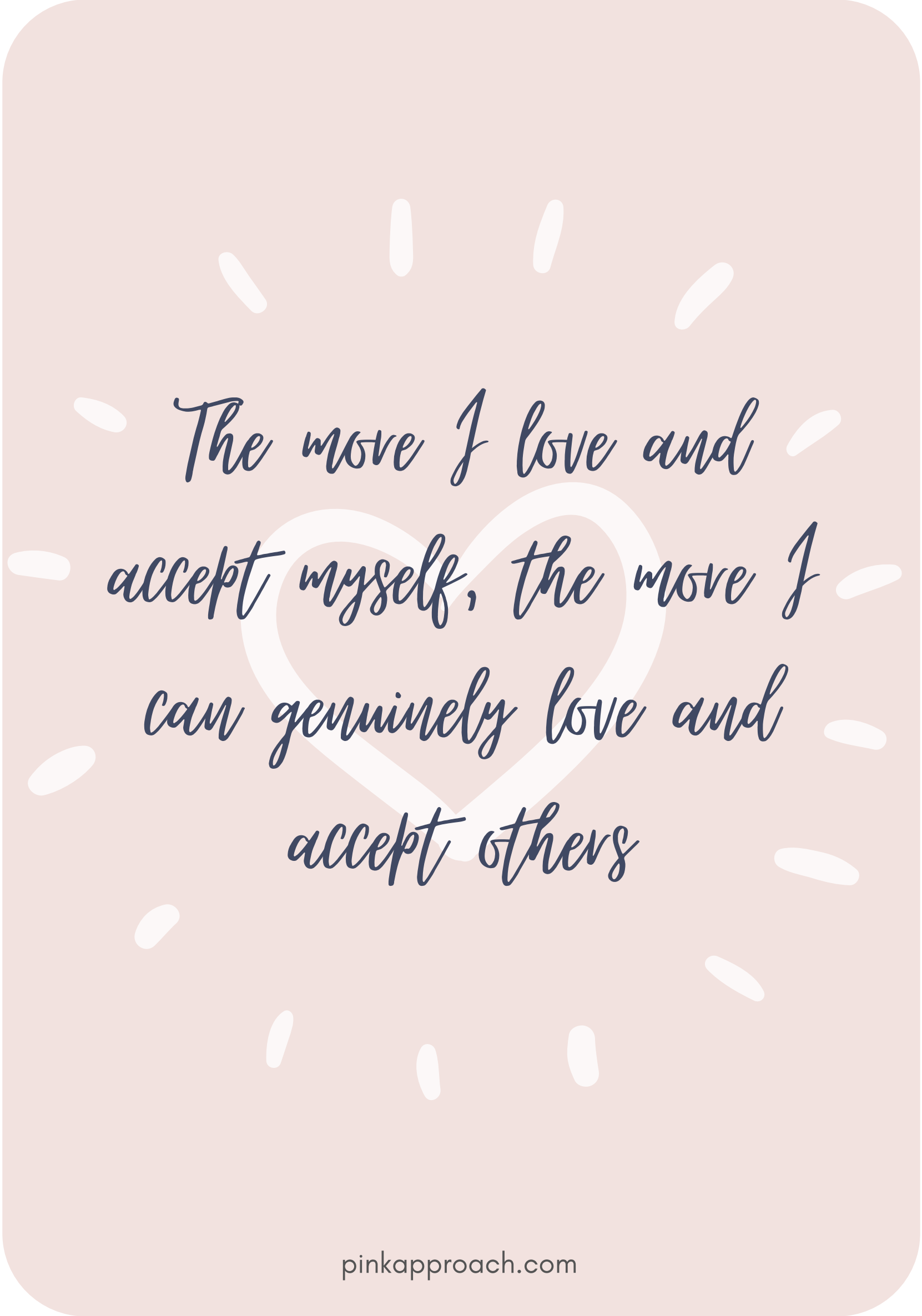


*I am exactly where I
need to be at this
moment in my life*

**I am in
control of
my own life
and choices**

*I release the need for
perfection and embrace
the beauty
of my
imperfections*






The more I love and
accept myself, the more I
can genuinely love and
accept others

I fill my own cup
first, so I can pour
love into others'
lives





The loving energy I share
with the world is a
reflection of the love I
have for myself

I AM MYSELF
and that's my power.

*A good day starts
with a positive
frame of mind*